

Sant Fost de Campsentelles | 20-28 July 2026

INFOPACK YOUTH EXCHANGE

Youth Echoes

taccbcn.com



Cofinançat per
la Unió Europea

Youth Echoes

←————→

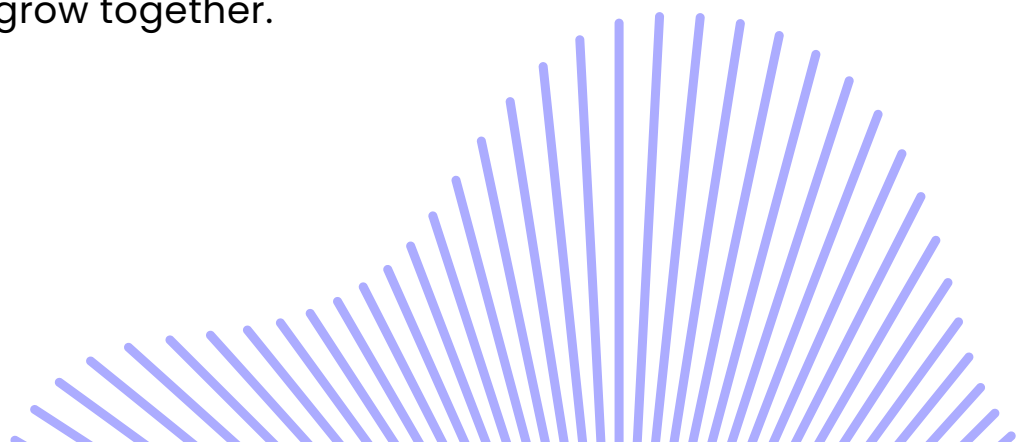
In a world where global challenges increasingly shape our daily lives, young people are witnessing how issues such as **climate change, inequality, mental health, migration, discrimination, and social injustice affect their local communities in different ways**. *But how are these local realities connected to wider global dynamics? And how can young people make their voices heard in meaningful and impactful ways?*

The Youth Exchange: **YOUTH ECHOES – Young Voices: Exploring Local Issues with Global Impact** brings together 33 young people and 5 youth leaders from 5 different countries Europe in Sant Fost de Campsentelles, (Barcelona) from 21st to 27th July 2026, with travel days on the 20th and 28th July.

Together, we will explore topics such as social challenges, youth participation, storytelling, critical thinking, and the role of communication and digital media in creating awareness and social change.

Through workshops, creative activities, and non-formal education methods, participants from different countries will share perspectives, collaborate in international teams, and develop creativity, communication, and active citizenship skills.


YOUTH ECHOES will be a space to reflect, connect, share experiences, and grow together.



Objectives



The objectives set for this training are:

1. To explore the connections between **local realities and global challenges** affecting communities around the world.
 2. To foster **intercultural learning** through the exchange of experiences, perspectives, and local realities from different countries.
 3. To encourage **critical reflection on social, environmental, and economic issues** impacting young people and their communities.
 4. To analyse **how local initiatives and community actions** can contribute to positive global change.
 5. To identify **needs, challenges, and common concerns** shared by young people in different local contexts.
 6. To promote **dialogue, empathy, and active listening** as tools for social understanding and participation.
 7. To support participants in discovering their **personal values, interests, and capacities** for social action and community involvement.
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A glimpse into the activities



The main thematic contents explored during this Youth Exchange will focus on the relationship between local realities and global challenges. Key topics will include youth participation, social awareness, storytelling, critical thinking, intercultural dialogue, and community engagement.

To explore these themes, the activities will be based on non-formal education methods, including group dynamics, creative workshops, debates, reflection activities, and collaborative exercises that encourage participation and intercultural learning.

Each national group will prepare and facilitate:

- One workshop relevant to the topic.
- One Cultural Night, sharing food, music, dances, games, and traditions from their country.

Logistical aspects



APV

The Advance Planning Visit (APV) will take place on **16th June 2026** in Barcelona (with 15th and 17th June as travel days)*
More information in the APV infopack.

Each partner country will participate with one representative from the organisation, preferably the group leader who will also take part in the Youth Exchange (no age limit applies).

The person attending the APV will be responsible for sharing all the information, agreements, and practical details discussed during the meeting with both the participants and the partner organisation.

YOUTH EXCHANGE


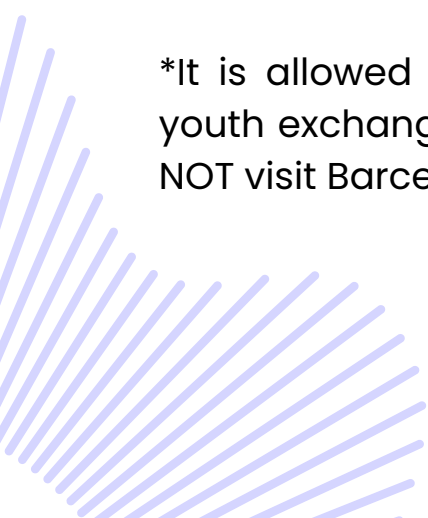
Each partner country will participate with:

- 1 Group Leader (no age limit)
- 5 Participants aged 18–30. Among them, 2–3 participants should be young people with fewer opportunities.

The YE will take place from **21st to 27th July 2026**, 20th and 28th of July as travelling days, in **Sant Fost de Campsentelles***

Travel Information: Participants are expected to arrive the **20th of July** and reach the meeting point by **19:00**. Departure is scheduled for the morning of the **28th of July**.

*It is allowed to arrive/leave the country 2 days before/after the youth exchange, at your own expenses. During the program we will NOT visit Barcelona.



Location

The Youth Exchange will take place in Sant Fost de Campsentelles, a municipality located in the Catalan region of Spain, approximately 25 km from Barcelona and surrounded by natural areas and mountains. The accommodation is located in a peaceful environment.

The accommodation and main venue for the activities will be:

CASA DE COLONIAS MAS PO-CANYADÓ

Address: Urbanització Bosque, s/n, 08105 Sant Fost de Campsentelles, Barcelona

Casa de colonias Mas Po-Canyadó



YE Meeting point

The meeting point will be on the 20th of July in the afternoon in Plaça España (barcelona)

Send us the proposal of flights to meritxell.vila@taccbcn.com and wait for confirmation before buying them.

How to get to the meeting point



The journey from the airport to the meeting point is **+/- 30 min**, depending on connection times and traffic.

TACC will be in charge for organising the travel from the meeting point to the venue, which will be +/- 1h, depending on the traffic.

The bus A1 or A2 also known as **Aerobus**, connects the center of Barcelona with the terminal 1 and terminal 2 of the Airport and viceversa, 24h a day.

If you are in **Terminal 1** of the Airport, the bus stop is in the floor zero in arrivals (Planta 0 - Llegadas/Arrivals). Look for the bus line **A1 or Aerobus**.

If you are in the **Terminal 2** of the airport, the bus stop is in front of the terminal T2B. Look for the bus line **A2 or Aerobus**.

In both cases, get off at **Plaça España**. The meeting point is in front of the **Torres Venecianas monument, in Plaça España**, shown in the picture:



Once you get off the bus, look for the **Torres Venecianas** monument, which will be only a few minutes walk.

Transport



The maximum travel budget per participant is determined by the official Erasmus+ distance calculator, based on the distance between your hometown and Sant Fost de Campsentelles:

Estonia: 395.00 €

Slovakia: 309.00€

Romania: 309.00 €

Greece: 309.00 €

Serbia: 309.00 €

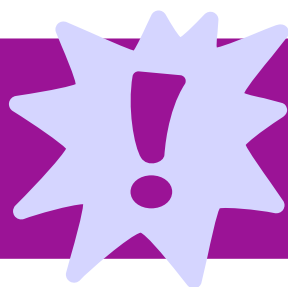
Spain: 28.00 €

You can calculate the distance using the official distance calculator:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

However, we kindly ask you to send us the proposal of flights and buy them AFTER our approval. Send them by email to:

meritxell.vila@taccbcn.com



Remember to keep all the tickets and boarding passes (train, bus, flight...) for the reimbursements.

Requirements



- Each country group must prepare **3 energizers** to be used during the programme.
- Each country group must prepare and facilitate **one session/workshop** during the Youth Exchange relevant to the topic.
- Each country will organise an **International Night**, including typical food and drinks, quizzes, dances, games, or other cultural activities.
- Under the working commissions, all country groups will collaborate in basic **daily tasks** such as preparing tables, cleaning the dining room, and other shared responsibilities.
- We will create a **WhatsApp group** to stay in touch, share updates, and exchange photos during the project. Please avoid using the group chat for logistical questions or organisational matters. For these topics, you can contact the organising team directly via email.
- Every participant and group leader must have and bring their personal **European Health Insurance Card (EHIC)**.

Rules for leaders



- Every group leader must ensure that their national group prepares and delivers: the energizers, the workshop/session and the Intercultural Night activity.
- Every group leader must forward (send to an e-mail and tell in leader meetings) all information gathered in APV to their own group. This should be done both by email and during the meetings before the Youth Exchange.
- Every group leader has to take care about the procedure of the documents on Erasmus+ Program (save boarding passes, train and bus tickets, etc.) in order to give them to the coordination of the project during and after the YE.
- Every group leader is directly responsible for their group and they must watch over for every participant's safety and wellbeing.
- All group leaders are expected to actively participate in the activities, supporting the facilitation process, supervising the group, and helping whenever needed.
- 30 minutes before dinner the group leader will participate in a 30 minutes briefing.

Rules for Participants



- Every participant is expected to have a **proactive, respectful, and participative attitude** throughout the Youth Exchange and to actively engage in all activities.
- Every participant is requested to **respect** the schedule and to be **on time** and ready to actively participate in every activity.
- Bringing food and eating inside the living and working places are not allowed.
- Smoking inside the living and working places is not allowed.
- It is mandatory to keep in order common rooms and to collaborate to keep private rooms clean. Guests will be expected to reimburse for any damage caused by inappropriate behavior during their stay.
- Every participant must respect the silence time at the hostel from **00:00** and **MUST** be back at the building before **1:00 a.m.**

The organisation reserves the right to expel the participant in case your choice is not to participate actively during the project

Useful vocabulary in Catalan and Spanish

Hello (EN) | Hola (CAT) | Hola (SP)

Goodbye | Adéu | Adiós

Good morning | Bon dia | Buenos días

Good night | Bona nit | Buenas noches

How are you? | Com estàs? | ¿Cómo estás?

I'm fine | Estic bé | Estoy bien

Nice to meet you | Encantat/ada de coneixe't |

Encantado/a de conocerte

Do you speak English? | Parles anglès? | ¿Hablas inglés?

I don't understand | No t'entenc | No te entiendo

Please | Si us plau | Por favor

Thank you | Gràcies | Gracias

Excuse me / Sorry | Perdó | Perdón



Sorry, I got lost | Perdó, m'he perdut | Perdón, me he perdido

Excuse me, could you help me? | Perdó, em podries ajudar? |

Perdón, ¿me podrías ayudar?

Could you tell me how to get to (place) | Em podries dir com arribar a (place) | ¿Podrías decirme cómo llegar a (place)?

Do you know where the (place) is? | Em pots indicar on està (place)? | ¿Me podrías indicar como llegar a (place)?

How much does it/this cost? | Quant costa això? |

¿Cuánto cuesta esto?

May I pay with credit card/by cash? | Puc pagar amb targeta/en efectiu? | ¿Puedo pagar con tarjeta/en efectivo?

Could I have the receipt? | Em pots donar el tiquet, si us plau? |

¿Me puedes dar el tiquet, por favor?

Participants



Serbia on the Move
(Serbia)



Aristotales
(Greece)



Youthfully Yours SK
(Slovakia)



Scout Society
(Romania)



Art Inspire (Estonia)



Taller d'Art, Cultura i
Creació (Spain)

Emergency contacts

Meritxell Vila Morella
Taller d'Art, Cultura i Creació
meritxell.vila@taccbcn.com
(+34) 623550112



EMERGENCY NUMBER

112



See you soon!



930 130 256
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ONGD - Associació